



Minutes of the Patient Link Group, HIHC 29 January 2018

Present: Lynn Bowman (Chair), Bea Simmons, Jo Angear, Leslie Green, Mel Ingham, Hilary Robinson, Helen Walsh (Deputy Chair), Andrea Wharam,

Apologies: Sheila Charlton, Janet McInnes, Dr J Simmons

The minutes of the last meeting

The minutes were agreed

Actions from the last meeting

A report from the patient survey will be available in due course.

Practice Update

- A new Practice Manager, Mischa Butler has been appointed and is due to start at the health centre in a couple of months time.
- NHS England have identified HIHC as a model of good practice in its integrative approach to healthcare and have been filming some of the groups and activities that are provided by the practice.
- Through Access 2 Healthcare the health centre is now able to offer transport to patients to and from the surgery at a flat rate of £5.

Health Awareness Day

It was agreed that this event will be held on 23rd June and will be called Herstmonceux Integrated Health Centre Family Open Day, which will take place from 10am - 4pm. This is to be an opportunity to showcase all the services provided as well as promoting health and wellbeing.

The following ideas will be further explored when it has been established how many practitioners will be taking part:

- Stands with practitioners/groups talking about the services they offer
- Taster sessions e.g. choir etc
- The Long Woman of Wilmington herb garden with talks around herbs and their use in medicine
- CCG talk about medicines wastage
- Stand for the pharmacy
- PLG stand to recruit new members
- Refreshments to include health snacks such as strawberries and energy bombs. Recipes to take away.- and all PL members to help with picking and making!
- Smoothie bike
- Face painting
- Skeleton activity for children - looking at bones, how many and where they are in the body
- Word cloud perception to be set up with a laptop
- Vitality villages – coffee mornings and men’s sheds

It was suggested that Family Open Day should be advertised through the following: Health Centre newsletter, Facebook, posters and fliers, a banner, Wealden My Alerts, Herstmonceux and Hellingly parish magazines, Whats On magazine.

Actions: Mel and Bea to collate list of all practitioners who are able to attend and what they will need in regard to space/ stands etc by 22nd Feb.

Bea to check if smoothie bike will be available for the event.

Mel/Bea to contact CCG and pharmacy to ask if they will be able to attend

Any other Business

None

Note from Lynn: This is a very exciting and positive opportunity to showcase our centre and how we interact with it. All members of the PLG need to take responsibility for some element of this day to ensure we bring it off and make it a success. If you have any ideas before our next meeting or want to put your name forward for some element of this day please let me know or come fully armed to our next meeting on 5th March. I look forward to seeing you then.

Next Meeting

Monday 5 March 2018