



# MEDICINE MAKING DAY

When: Tuesday 14th Nov 1 - 3pm £40

Where: Herstmonceux Health Centre, Hailsham Road, East Sussex, BN274JX

To Book: Call FRAN: 07732985524

Julia Behrens - Medical Herbalist Tel: 07968366783

[www.herbal-consultant.com](http://www.herbal-consultant.com) e-mail : [Julia@herbal-consultant.com](mailto:Julia@herbal-consultant.com)

**Come and learn how to use plants to blend and make your own medicine. We will cover harvesting plants and make oils, tinctures, winter cough medicines and ointments**