



# The Hub Drop-in

**Every Tuesday 10.00am - 1.00pm**

All patients and carers are welcome to our sessions, there is no need to pre-book. Our weekly sessions provide the opportunity for patients and carers to meet our drop-in team in a relaxed and informal environment.

The team is here to listen, answer questions and provide support and advice. This is a sociable event where you will have an opportunity to meet other people who may be facing similar things.

There will be a:

- Nurse-led clinic
- Complementary therapy mini session
- Therapy-led clinic
- Chance to hear about further support available in the community

You can also visit the hospice café while you are here.

For enquiries call 01323 434200 and press 1 for the Welcome Point.

For health-related queries please contact the 24/7 Nurse Line on 01323 434222

Registered Charity Number: 283696



**St Wilfrid's Hospice**